# *Technology Startups:* How to start as an immigrant academic

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# Agenda

- My story (Personal and PediaMetrix)
- Different stages of company formation
- Lesson learned
- Q/A



- More than 50% of people are not happy with their jobs
- Finding a dream job is difficult, if not impossible
- **Creating** your dream job might be a solution, but it is challenging, especially if
- You have family obligations (kids)
- Financial obligations (mortgage, debt, etc)
- Lack family members to support you financially/emotionally
- Lack of experience (e.g. being academic)



## My journey

- ✓ 1983-1986: Ahvaz Iran/Iraq war
- ✓ **1987-2000** Lorestan stayed till 18
- ✓ 2001-2008 Tehran Polytechnique: 2 BSc degrees, 1 MSC
- ✓ 2009-10: Queens University Canada
- ✓ 2010-2013: Johns Hopkins University
- ✓ 2013-2014: Children's Hospital of Washington, DC.
- ✓ 2014-2019: NIH Clinical Center
- ✓ 2018-present: PediaMetrix

### PediaMetrix Inc.



- Founded in 2018
- 8 employees (FT&PT)



# Bring <u>AI & computer vision</u> to pediatric care driving <u>patient outcome</u> and <u>lowering the cost</u>.

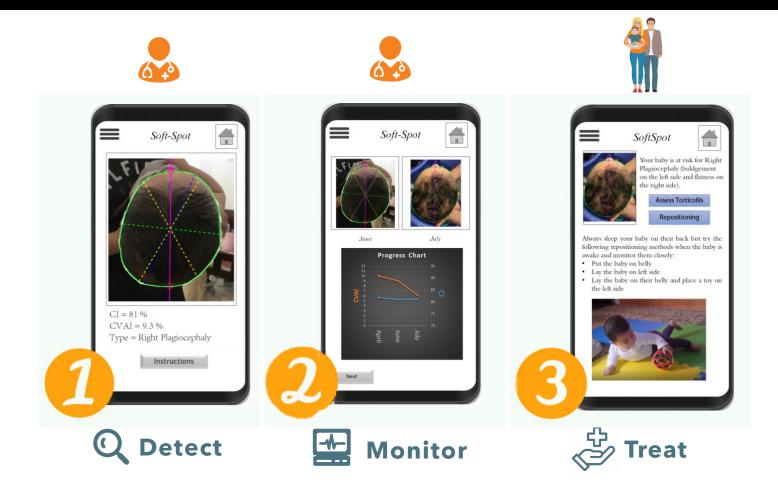


#### First smart tool for infants' head screening

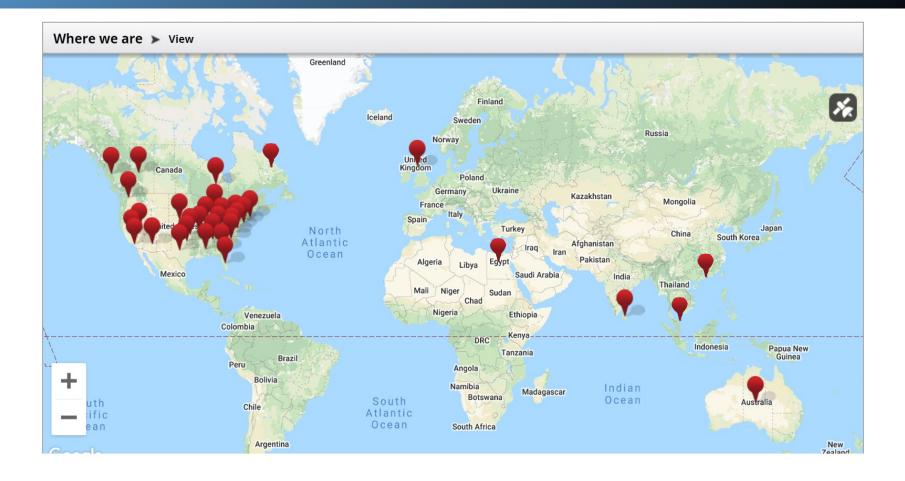


Plagiocephaly Brachycephaly Scaphocephaly

### **SoftSpot**<sup>TM</sup>



## Signups Map



#### Traction

- ✓ NSF SBIR Phase II (\$1M) recommended for funding
- ✓ NSF SBIR Phase I (\$225K)
- ✓ National I-Corps (\$50K)
- ✓ TEDCO Builder Fund (\$50K)
- ✓ BHI, Medica, Open DC, Regional I-Corps (\$11k)
- ✓ PitcHer competition finalist (\$5K)
- ✓ Maryland Internship Fund (up to \$12K/y)
- ✓ MD Export Grant (\$5K)
- $\checkmark$  Invited to pitch as top 10 apps in Pediatrics AAP
- ✓ Finalist: InnoSTAR, Brinc, SPIE Photonics, MedTech Innovator, MICCAI 2020 Impact Award









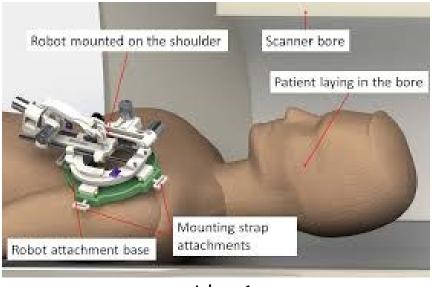
#### **Entrepreneurial journey begins**

#### ✓ 2013-2014: Joseph E. Robert Fellow in Pediatric innovation



### **Entrepreneurial journey begins**

#### ✓ Idea 1: DC i-Corps: 52 customer discovery - pivot



Idea 1

**Lesson 1:** A great research project may not necessarily be ready for commercialization yet.

### i-Corps: customer discovery

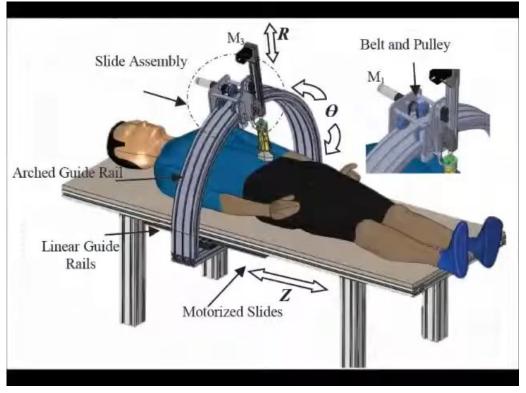
- **NSF** funded
- Lean Startup Methodology
- Designed for academicians
- Get out of the building: validate your hypothesis
- Evaluate <u>the need NOT</u> the solution!

	Mini i-Corps	National i-Corps
Funding	\$3,000	\$50,000
# of Interviews	20	100
Duration	2 weeks	6 weeks



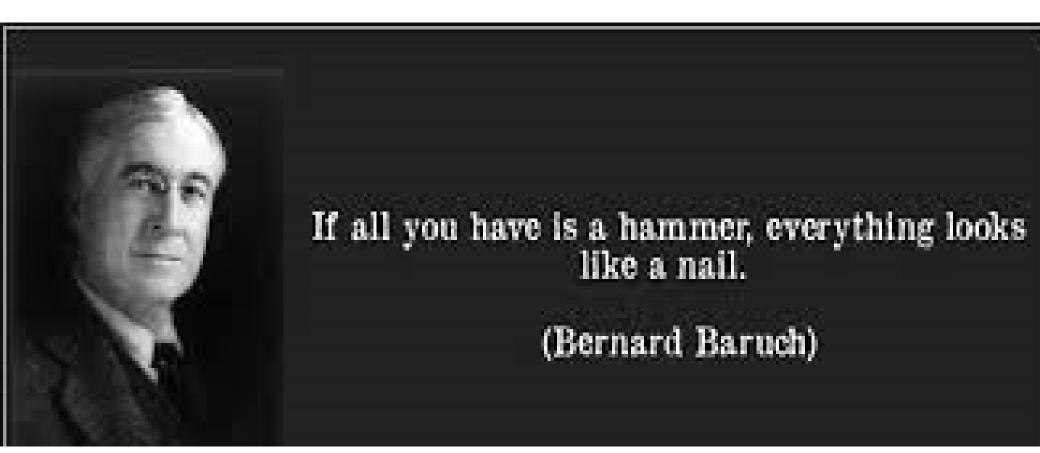
### **Entrepreneurial journey**

#### • Idea 2: ARUS: Automatic Renal Ultrasound Machine





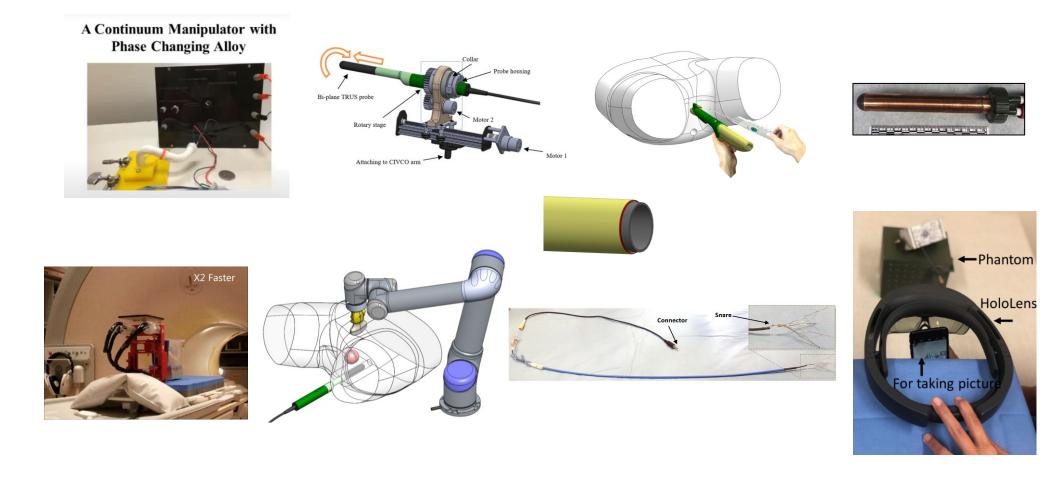
#### **Entrepreneurial journey**



#### Solve an unmet need

- 80-90% of startups fail
- Primary reason: NOT addressing a genuine unmet need
- Second reason: they run out of cash
- Technology innovators are more prone

# NIH (2014-2019): tried to start with the end in mind



### **2017: personal experience**





#### First smart tool for infants' head screening



Plagiocephaly Brachycephaly Scaphocephaly

### **User anxiety**

- 2 month to see a **neurosurgeon**
- One month to see an **orthotist**
- Anxiety of going through helmet therapy
- Helmet: **\$2,000-\$5,000**, 3-6 months, 23hrs/day







## **₿**\$1B

30% develop moderate to severe head deformity

620,000 infants remain untreated annually in US



#### **Current tool available to pediatricians**



#### **Incorporated in Jan 2018**

- Started with \$2,000 saving
- My wife was FT at PediaMetrix (CEO)
- I stayed at NIH



#### Oct 2018: Mini i-Corps

- 32 interviews
- AAP 2018 > Go!





### April-May 2019

#### National i-Corps: \$50K

SBIR Phase I (\$225K)



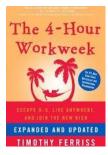


#### America's SEED FUID SBIR.STTR

### When to leave your job?

#### Fear setting





#### Regret minimization



Jeff Bezos - Regret Minimization Framework



### When to leave your job?

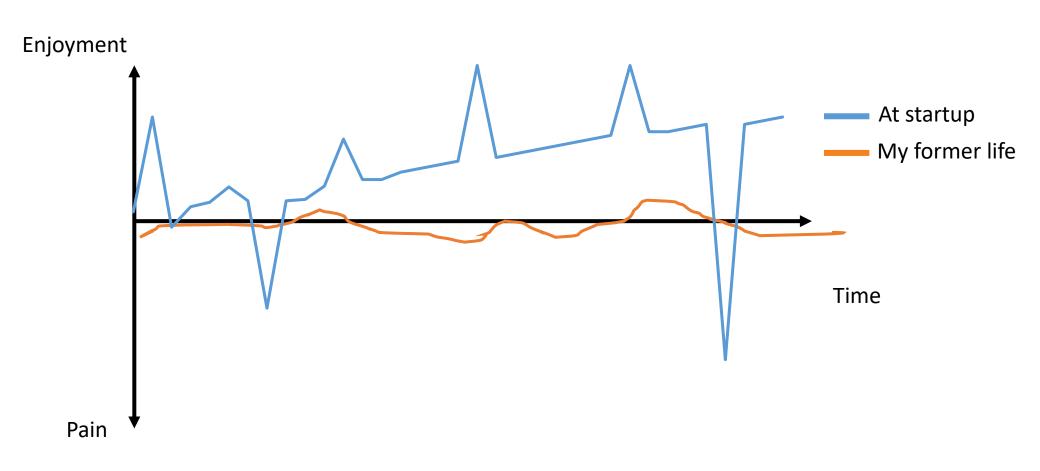
#### Set aside 6-12 months of runway

- A concrete plan
- Be flexible: Uber, Doordash, rent your basement, stock trading, Amazon selling, etc
- Move to your mom/a friend's basement (!)
- Take a step back before you take a few steps forward



https://www.goalcast.com/2017/05/25/unfulfilledwork-5-ways-find-courage-quit-job/

#### **Emotional rollercoaster**



#### **Lesson 3: Pain teaches**

- Study shows that people brain wiring doesn't change after 25 unless they experience pain
- Pain means you are pushing your boundaries/learning new skills
- Be comfortable to endure pain



https://coachthemind.com/brainwiring-test

#### **Lesson 3: Pain teaches**

## Being an entrepreneur is like eating glass and staring into the abyss

Elon Musk

🖌 quotefancy

#### Lesson 4: don't be afraid to share your idea

- Ideation is easy execution is hard
- Ideas are fragile be mindful whom to share them with



https://www.myhubintranet.com/idea-sharing-in-the-workplace/



https://www.spreadshirt.com/shop/design/

#### **Startup risks and mitigations**



Risks	Mitigations
Business model (need)	customer discovery
Technology: feasibility	Federal funding (SBIR)
Regulatory: (FDA)	Be patient
Competition	Differentiate

#### **First-mover advantages and disadvantages**

#### **Pros**:

- Less competition
- Chance to capture larger market share (Tesla case)

#### Cons:

- De-risk technology
- De-risk business model
- De-risk regulatory path



https://blog.influenceandco.com/why-a-first-mover-advantage pays-off-in-content-marketing

#### Accelerators

- Teach you basics: legal, accounting, company formation, etc
- Clarify your business model
- Get you in touch with early-stage investors
- Can be free, cash-based or equity based (provide funding)
- Usually invest expensive money
- National: YC, 500 Startups, TechStars, Plug and Play, etc
- **Local**: i-Corps, Accelerate Baltimore, FounderTrack, Startup Ignite, etc



https://www.menabytes.com/questions-before-applying-accelerator/

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## Incubators

HEALTH

- Provide office space
- Can provide you with legal, regulatory supports
- Can get you in touch with early-stage investors
- You pay a modest rent
- Local: RIC, GIC, Launch Workplaces, etc

### **Different ways for fundraising**

- Friends and family
- Crowd funding: Kickstarter, IndieGoGo, etc
- Grants: Federal (SBIR/STTR), state, etc
- Angel investors (individuals)
- Accelerators/incubators
- Angel groups (Seed money)
- VC firms (Series A, B, C, D, E)





- Provisional: 1 year, will not be published, can be filed with \$140
- Utility: \$10-20K
- International Filing: \$20-\$50K
- Will be published after 18 months
- Will be granted in a few years

**Lesson 5:** Don't take patents too seriously!



https://www.thoughtco.com/guide-to-patent-rights-andownership-1992248

## **Accounting/Legal/payroll**

- Accountant
- Lawyer
- Payroll system
- Admin

### **Company formation**

- LLC
- C-Corps
- Delaware MD



http://www.cape-law.com/2011/inc-or-llcmassachusetts-business/

# **Lesson 6:** conversion from LLC to Inc can be very painful - not worth the early saving!

# Starting at university vs in your garage?

- + No need to spend \$50K on IP protection
- + Get space, legal, accounting advice
- + Get seed money
- + Get access to equipment, wet lab, etc
- Give up equity
- Licensing the IP is challenging
- Remember: 100% of 0 is 0!

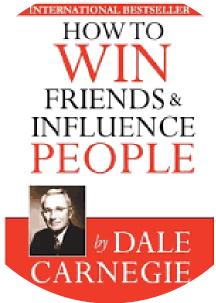


## **Federal funding**

- SBIR Phase I: \$250K
- SBIR Phase II: \$1M (NSF) or \$1.6M (NIH)
- Phase IIB: up to \$750K (certain rules apply)
- i-Corps (mini and national)
- Participating agencies: NIH, NSF, DoD, etc
- Eligibility: 51% of the company should be owned by a permanent resident or a US citizen

## Soft skills: dealing with people

- How to win friends and influence people: 80% of success in career comes from soft skills
- The ability to work with different people (your team, customers, advisors, collaborators, contractors, government, etc)



## **Hiring/Firing**

- Hire for **purpose** not compensation
- Hire young people: they are flexible, ambitious and want to change the world

• Good companies are not only good in hiring, but also in firing.

• Hire the first 10 people and then they will guard the company's values/culture



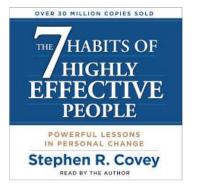
https://www.shutterstock.com/searc h/hiring+firing

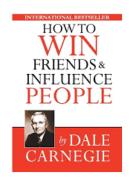


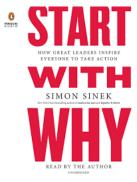


#### **Good reads**

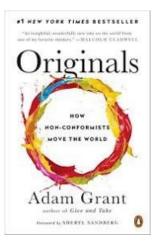
- How to win friends and influence people
- 7 habits
- Start with why
- Give and Take
- Originals











#### Last word

- Following your passion is risky
- But, you will survive and may even thrive
- But at least learn a lot, become a better person and have lots of fun!
- So, ... I encourage you to follow your passion!



https://woundcareadvisor.com/condemning-patients-to-a-leap-of-faith/



A meeting in Bethesda Library (early days)



Making first video in 2018



First PediaMetrix's BD party in Jan 2019



Medica, Germany, 2019



Startup Ignite Demo Day, 2019



#### Let's make the world a better place!

#### **Q & A**



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NIH/Children's'	Al - computer vision expert Pl: Children's Hospital of DC	I	CareFirst/Zulily	for pediatrics





Entrepreneur: a risk *mitigator* 

Technology company

Startup vs. lifestyle business

Invention vs innovation

#### Where to find ideas

#### Your own problem

MBA

**Tech Transfers** 

Join a startup